



# CANTEEN MENU

Clifton Hill Primary School

## Term 4 Summer Menu 2013

The canteen is open at recess for purchases from the snack menu (on the reverse side of this page) and at lunch times until 1.45pm. Students should place lunch orders in the class baskets each morning at 9am. Students bringing late (orders received after 10.30am) or forgotten lunches will be given a lunch order at a cost charged to parents. Please assist this process by encouraging students to be responsible for putting their lunch in the basket.

### Wholemeal/multigrain sandwiches and rolls are available each day

All sandwiches and rolls are green foods.

Toasted available upon request.

|                         |        |
|-------------------------|--------|
| Cheese/Vegemite/Honey   | \$2.50 |
| Egg/egg & lettuce       | \$3.50 |
| Curried egg and lettuce | \$3.50 |
| Tuna and salad sandwich | \$3.50 |
| Roast chicken and salad | \$3.50 |
| Ham and salad           | \$3.50 |
| V Salad                 | \$3.50 |
| Plain roll              | 80c    |

### DELI-STYLE TURKISH ROLLS

|   |          |
|---|----------|
| Freshly prepared deli-style Turkish breads (Green)      | Half \$4 |
| - Leg ham, cheese & salad                               |          |
| - Roast chicken, avocado & lettuce                      | Full \$7 |
| - V Cheese, avocado & salad                             |          |
| Also available with cream cheese or low fat mayonnaise. |          |

The following items are available only on the allocated days.

### MONDAY: MEXICAN BURRITOS

|  |        |
|--|--------|
| Vegetarian Burrito (Green)   | \$4.50 |
| Warm flour tortilla wrapped around a filling of beans, lettuce, salsa and cheese.              |        |
| Beef Burrito (Green)   | \$4.50 |
| Warm flour tortilla wrapped around a filling of minced beef, beans, lettuce, salsa and cheese. |        |

### TUESDAY: SALAD BOWLS

|   |        |
|---|--------|
| Vietnamese Rice Noodle Salad (Green)  | \$4.50 |
| A fresh summer salad of carrot, cucumber, lettuce and mint combined with rice noodles and fish sauce dressing. Can be requested without dressing. |        |
| With chicken or tofu <b>V</b>   |        |
| Caesar Salad (Amber)  | \$4.50 |
| <b>V</b> Bowl of delicious fresh lettuce, croutons, parmesan cheese and light caesar dressing (contains egg)                                      |        |
| With grilled chicken  |        |

### WEDNESDAY: FRESH PIZZA

All pizzas made with wholemeal pita bread & cheese

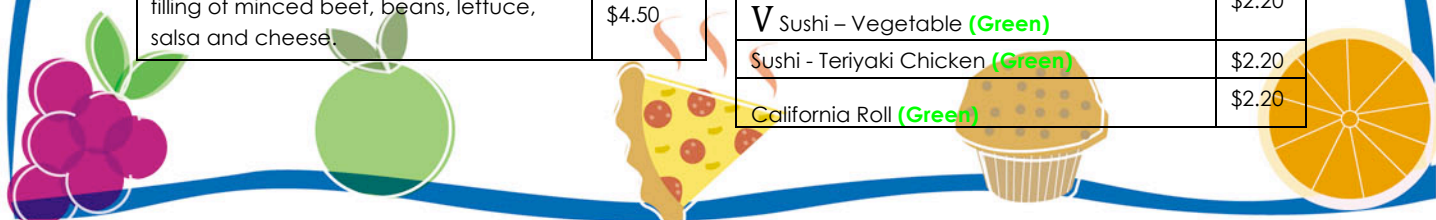
|  |        |
|--|--------|
| Hawaiian – Leg ham, cheese & pineapple (Amber)             | \$3.50 |
| <b>V</b> Margherita – Cheese, tomato & fresh basil (Green) | \$2.50 |
| <b>V</b> Veggie – market fresh vegetables & cheese (Green) | \$3.50 |

### THURSDAY: PASTA

|  |        |
|--|--------|
| Beef lasagne (Green)                           | \$3.50 |
| <b>V</b> Macaroni cheese (Green)               | \$3.50 |
| <b>V</b> Pasta Twirl with tomato sauce (Green) | \$3.50 |

### FRIDAY: SUSHI

|                                    |        |
|------------------------------------|--------|
| Sushi – Tuna (Green)               | \$2.20 |
| <b>V</b> Sushi – Vegetable (Green) | \$2.20 |
| Sushi - Teriyaki Chicken (Green)   | \$2.20 |
| California Roll (Green)            | \$2.20 |





# Fresh tastes CANTEEN MENU

## SUMMER SNACKS

Available every day at recess from the canteen window

Students are only able to order one packet of savoury-related foods (eg Jumpies, Popcorn or Vegie Chips). Please support this policy by sending/giving only small amounts of money to be spent at snack or lunch time.

|   |        |
|---|--------|
| V Popcorn – 20g (Green)<br>Butter<br>Cheese<br>Salt and Vinegar | \$1.00 |
| Jumpies (Amber)<br>Salt and Vinegar<br>Chicken<br>BBQ Supreme   | 90c    |
| V Vegie chips (Amber)   | \$1.10 |
| Cheese sticks (Green)   | 70c    |
| Fruit cups (Green)  | \$1.50 |
| Breakfast bars (Amber)  | \$1.10 |
| Pineapple cups (Green)  | 80c    |
| Corn thins/ Flavoured rice thins (Green)                        | 30c    |
| Cheese and biscuits (Green)                                     | \$1.10 |

## DRINKS

Available every day

|   |        |
|---|--------|
| Oak Milk (Low Fat) - Chocolate, Strawberry, Banana (Green)                | \$1.50 |
| 100% fruit juices 250ml-<br>Orange, Apple or Apple & Blackcurrant (Amber) | \$1.50 |
| Water - plain 600ml (Green)   | \$1.30 |
| 500 ml Flavoured Water (Amber)<br>Flavours include:<br>Raspberry & Lemon  | \$2    |

## SUMMER TREATS

### ICE CREAMS, ICE BLOCKS and FRUIT TREATS

Available every day at recess or lunch from the canteen window

|  |     |
|--|-----|
| Moosies Milk Freeze<br>3 flavours – Chocolate, Strawberry and Banana (Amber)         | \$1 |
| Juicies- 99% fruit juice tubes<br>Flavours- - Orange, Tropical and Wildberry (Amber) | 80c |

V denotes vegetarian option

Students not providing their own plastic box or bag will need to include 20c for a bag.

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