



CANTEEN MENU

Clifton Hill Primary School

Winter Menu 2018

The canteen is open at recess for purchases from the snack menu (on the reverse side of this page) and at lunch times until 1.45pm. Students should place lunch orders in the class baskets each morning at 9am. Students bringing late (orders received after 10.30am) or forgotten lunches will be given a lunch order at a cost charged to parents. Please assist this process by encouraging students to be responsible for putting their lunch in the basket.

Wholemeal/multigrain sandwiches and rolls are available each day

All sandwiches and rolls are green foods.

Toasted available upon request.

Cheese/Vegemite/Honey	\$2.50
Egg/egg & lettuce	\$3.50
Curried egg and lettuce	\$3.50
Tuna and salad sandwich	\$3.50
Roast chicken and salad	\$3.50
Ham and salad	\$3.50
✓ Salad	\$3.50
Plain roll	\$1.00

DELI-STYLE TURKISH ROLLS

Freshly prepared deli-style Turkish breads (Green)	Half \$4
- Leg ham, cheese & salad	
- Roast chicken, avocado & lettuce	Full
- ✓ Cheese, avocado & salad	\$7
Also available Low fat mayonnaise.	

The following items are available only on the allocated days.

MONDAY: HOMEMADE SOUPS

Chicken noodle soup (Green)	\$5.00
✓ Vegie noodle soup (Green)	\$5.00

TUESDAY: WARM DINNERS

Lean roast pork served with roast potatoes and peas (Green)	\$5
✓ Roast mixed vegetables (Green) Both roasts available with low sodium gravy (please specify)	\$5
Grilled fish with a medley of mixed vegetables (Green)	\$5

WEDNESDAY: STIR FRIES

Stir fried chicken and vegetables with oyster sauce (low sodium). Served with steamed rice (Green)	\$5
✓ Stir fried vegetables with steamed rice (Green)	\$5

THURSDAY: PASTA

Beef lasagne (Green)	\$4.00
✓ Macaroni cheese (Green)	\$4.00
✓ Pasta Twirl with tomato sauce (Green)	\$4.00

FRIDAY: SUSHI

Sushi – Tuna (Green)	\$2.50
✓ Sushi – Vegetable (Green)	\$2.50
California Roll (Green)	\$2.50
Sushi - Teriyaki Chicken (Green)	\$2.50





Fresh tastes CANTEEN MENU

SNACKS

Available every day at recess from the canteen window

Popcorn – 20g (Green) Butter *GF Cheese Salt and Vinegar *GF	\$1.00
Snaps - (Amber) *GF ALL BBQ, Oregano & Thyme, Light & Tangy	\$1.20
Piranh - (Amber) *GF ALL Salt and Vinegar, BBQ cheese, Honey Soy	\$1.20
Mamee – Rice Sticks (Green) *GF	90c
Fruit cups (Green) *GF	\$1.50
Breakfast bars (Amber)	\$1.10
Flavoured rice thins (Green) *GF	30c
Cheese and biscuits (Green)	\$1.10

DRINKS



Available every day

Nippy's Milks *GF ALL - Chocolate, Strawberry, Honeycomb (Green)	\$2.00
Water - plain 600ml (Green) *GF	\$1.30
500 ml Flavoured Water (Amber) *GF Raspberry or Lemon	\$2

WINTER WARMERS

Available every day at recess from the canteen window

"HOT" Milo milk drink (Amber)	\$1.20
Raisin toast with margarine (Green)	\$1.00

-  Vegetarian meal option
-  Gluten free snack option

ORDERING:

- Please **clearly** write the child's **full name, grade** and order on the bag.
- We promote rubbish reduction, therefore where possible, we encourage students to provide their own plastic box for their lunch and stick the above information to the lid with sticky tape.
- Correct money should be provided when ordering.
- Students not providing their own plastic box or bag will need to include 20c for a bag, where this does not occur ordered items may need to be substituted.

GF = GLUTEN FREE

We have labelled items from the canteen *GF if they are Gluten free. Unfortunately, the canteen is unable to offer lunches that are completely free of gluten traces. However, the snack items labelled *GF are prepacked items that do not contain gluten, or traces of.

