

Clifton Hill Primary School

Term 1 Summer Menu 2020



The canteen is open at recess for purchases from the snack menu (on the reverse side of this page) and at lunch times until 1.45pm. Students should place lunch orders in the class baskets each morning at 9am. Students bringing late (orders received after 10.30am) or forgotten lunches will be given a lunch order at a cost charged to parents. Please assist this process by encouraging students to be responsible for putting their lunch in the basket.

Term 1 Summer Menu 2020

Wholemeal/multigrain sandwiches and rolls are available each day

All sandwiches and rolls are green foods.

Toasted available upon request.

Cheese/Vegemite/Honey	\$2.50
Egg/egg & lettuce	\$3.50
Curried egg and lettuce	\$3.50
Tuna and salad sandwich	\$3.50
Roast chicken and salad	\$3.50
Ham and salad	\$3.50
V Salad	\$3.50
Plain roll	\$1.00

DELI-STYLE TURKISH ROLLS

Freshly prepared deli-style Turkish breads (Green)	Half \$4
- Leg ham, cheese & salad	Full \$7
- Roast chicken, avocado & lettuce	
- V Cheese, avocado & salad	
Also available Low fat mayonnaise.	

The following items are available only on the allocated days-

Monday: Mexican Burritos

Vegetarian Burrito (Green) Warm flour tortilla wrapped around a filling of beans, lettuce, salsa and cheese.	\$5
Beef Burrito (Green) Warm flour tortilla wrapped around a filling of minced beef, beans, lettuce, salsa and cheese.	\$5

TUESDAY: SALAD BOWLS

Vietnamese Rice Noodle Salad (Green) A fresh summer salad of carrot, cucumber, lettuce and mint combined with rice noodles and fish sauce dressing. Can be requested without dressing. With chicken or tofu V	\$5.00
Caesar Salad (Amber) V Delicious bowl of fresh lettuce, croutons, parmesan cheese and light Caesar dressing (contains egg) With grilled chicken	\$5.00

WEDNESDAY: FRESH PIZZA

All pizzas made with wholemeal pita bread & cheese

Hawaiian – Leg ham, cheese & pineapple (Amber)	\$4.00
V Margherita – Cheese, tomato & fresh basil (Green)	\$3.00
V Vegie – market fresh vegetables & cheese (Green)	\$4.00

THURSDAY: PASTA

Beef lasagne (Green)	\$4.00
V Macaroni cheese (Green)	\$4.00
V Pasta Twirl with tomato sauce (Green)	\$4.00

FRIDAY: SUSHI

Sushi – Tuna (Green)	\$2.50
V Sushi – Vegetable (Green)	\$2.50
California Roll (Green)	\$2.50
Sushi - Teriyaki Chicken (Green)	\$2.50

SUMMER SNACKS

Available every day at recess from the canteen window

Popcorn – 20g (Green) Butter *GF Cheese Salt and Vinegar *GF	\$1.00
Snaps - (Amber) *GF aLL BBQ, Oregano & Thyme, Light & Tangy	\$1.20
Piranh - (Amber) *GF ALL Salt and Vinegar, BBQ cheese, Honey Soy	\$1.20
Mamee – Rice Sticks (Green) *GF	90c
Fruit cups (Green) *GF	\$1.50
Breakfast bars (Amber)	\$1.10
Flavoured rice thins (Green) *GF	20c
Cheese and biscuits (Green)	\$1.10

V denotes vegetarian option

ORDERING

- Please **clearly** write the child's **full name, grade** and order on the bag.
- We promote rubbish reduction, therefore where possible, we encourage students to provide their own plastic box and cutlery for their lunch and stick the above information to the lid with sticky tape.
- Correct money should be provided when ordering.
- Students not providing their own plastic box or bag will need to include 20c for a bag, where this does not occur ordered items may need to be substituted.

V Vegetarian meal option

*GF Gluten free snack option

GF = GLUTEN FREE

We have labelled items from the canteen *GF if they are Gluten free. Unfortunately, the canteen is unable to offer lunches that are completely free of gluten traces. However, the snack items labelled *GF are prepacked items that do not contain gluten, or traces of.

DRINKS

Available every day

Nippy Milk - Chocolate, Strawberry, Banana (Green) *GF ALL	\$2.00
500 ml Flavoured Water (Amber) Flavours include: Raspberry & Lemon *GF ALL	\$2

SUMMER TREATS

MOOSIES, ICE BLOCKS and FRUIT TREATS

Available every day at recess or lunch from the canteen window

Moosies Milk Freeze *GF ALL 3 flavours – Chocolate, Strawberry and Banana (Amber)	\$1
Juicies- 99% fruit juice tubes *GF ALL Flavours- - Apple, Tropical and Wildberry (Amber)	80c